



GLADESVILLE SHARKS FOOTBALL CLUB

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Playing Kit Size Guide 2027

Playing Kit Recommendations

As part of your registration, all players will receive three items:

1. a playing jersey, indicated by a **PURPLE** 6-character code;
2. a pair of playing shorts, indicated by a **GREEN** 6-character code;
3. a pair of playing socks, indicated by a **RED** 6-character code.

We recommend:

- players in youth sizes order:
 - unisex standard options in both jersey and shorts
- teenager or adult male players order:
 - unisex standard jerseys and unisex standard shorts
 - unisex slimfit jerseys *are extremely tight and not recommended; if desired, order 2-3 sizes larger than you normally would.*
- teenager and adult female players should order kit based on their body shape
 - female fitted options will generally be shorter and tighter
 - female relaxed options will generally be more relaxed
 - unisex standard options will be ultra-relaxed.

How to use

Utilising the unisex (page 2) and female (page 3) size guides in this document, complete:

Step 1 – Choose your jersey code (**PURPLE**) – use chest measurement as best guide.

Step 2 – Choose your shorts code (**GREEN**) – use waist measurement as best guide.

Step 3 – Choose your socks code (**RED**) – use your football boot size as best guide.



Gladesville Sharks Football Club

Size Guide - Male Playing Kit

Step 1 Choose your jersey

Option 1 - Unisex Standard		
Youth Sizes		
Code	Chest (cm)	Length (cm)
JUS-02	34.5	50.0
JUS-04	37.5	53.0
JUS-06	40.0	55.0
JUS-08	43.0	59.0
JUS-10	46.0	64.0
JUS-12	49.0	66.0
Adult Sizes		
Code	Chest (cm)	Length (cm)
JUS-XS	50.0	68.0
JUS-SM	52.0	71.0
JUS-MD	54.0	74.0
JUS-LG	58.0	76.0
JUS-1X	61.0	78.0
JUS-2X	63.0	80.0
JUS-3X	65.0	82.0
JUS-4X	67.5	85.0
JUS-5X	69.5	87.0

Option 2 - Unisex slimfit		
Youth Sizes		
Code	Chest (cm)	Length (cm)
Adult Sizes		
Code	Chest (cm)	Length (cm)
JUF-XS	46.0	68.5
JUF-SM	48.0	70.0
JUF-MD	50.0	71.5
JUF-LG	52.0	73.0
JUF-1X	54.0	74.5
JUF-2X	56.0	76.0
JUF-3X	58.0	77.5
JUF-4X	60.0	78.5
JUF-5X	62.0	79.5

Option 3 - N / A		
Youth Sizes		
Code	Chest (cm)	Length (cm)
Adult Sizes		
Code	Chest (cm)	Length (cm)

Step 2 Choose your shorts

Option 1 - Unisex Standard		
Youth Sizes		
Code	Waist (cm)	Length (cm)
SUS-02	20.5	28.5
SUS-04	22.5	30.0
SUS-06	25.0	31.5
SUS-08	27.5	33.0
SUS-10	30.0	34.5
SUS-12	32.5	36.0
Adult Sizes		
Code	Waist (cm)	Length (cm)
SUS-XS	34.0	39.0
SUS-SM	35.0	40.0
SUS-MD	37.5	42.0
SUS-LG	40.0	44.0
SUS-1X	43.0	46.0
SUS-2X	45.0	48.0
SUS-3X	47.5	50.0

Option 2 - N / A		
Youth Sizes		
Code	Waist (cm)	Length (cm)
Adult Sizes		
Code	Waist (cm)	Length (cm)

Option 3 - N / A		
Youth Sizes		
Code	Waist (cm)	Length (cm)
Adult Sizes		
Code	Waist (cm)	Length (cm)

Step 3 Choose your socks

Option 1 - Unisex Socks (standard)				Option 2 - Unisex Sleeves (footless)			
Youth & Adult Sizes				Youth & Adult Sizes			
Code	Mens US	UK / AU	Womens US	Code	Mens US	UK / AU	Womens US
QUS-XS	< 3	< 2		QUL-XS			
QUS-SM	3 - 6	2 - 5	4 - 7	QUL-SM			
QUS-MD	6 - 9	5 - 8	7 - 10	QUL-MD			
QUS-LG	9 - 12	8 - 11	10 - 13	QUL-LG	8 - 13	7 - 12	9 - 14
QUS-1X	12 - 16	11 - 15	13 - 17	QUL-1X			

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Size Guide - Female Playing Kit

Step 1 Choose your jersey

Option 1 - Unisex Standard			Option 2 - Female Fitted			Option 3 - Female Relaxed		
Youth Sizes			Youth Sizes			Youth Sizes		
Code	Chest (cm)	Length (cm)	Code	Chest (cm)	Length (cm)	Code	Chest (cm)	Length (cm)
JUS-02	34.5	50.0						
JUS-04	37.5	53.0						
JUS-06	40.0	55.0						
JUS-08	43.0	59.0						
JUS-10	46.0	64.0						
JUS-12	49.0	66.0						
Adult Sizes			Adult Sizes			Adult Sizes		
Code	Chest (cm)	Length (cm)	Code	Chest (cm)	Length (cm)	Code	Chest (cm)	Length (cm)
			JFS-04	40.0	57.0			
			JFS-06	40.0	59.0	JFR-06	40.0	59.0
			JFS-08	43.0	61.0	JFR-08	43.0	61.0
			JFS-10	46.0	65.0	JFR-10	46.0	65.0
			JFS-12	48.0	66.0	JFR-12	49.0	66.0
			JFS-14	51.0	68.0	JFR-14	50.0	68.0
			JFS-16	54.0	71.0	JFR-16	52.0	71.0
			JFS-18	58.0	73.0	JFR-18	54.0	73.0
			JFS-20	61.0	76.0	JFR-20	58.0	76.0
			JFS-22	64.0	80.0			
			JFS-24	66.0	84.0			

Step 2 Choose your shorts

Option 1 - Unisex Standard			Option 2 - Female Standard			Option 3 - Female Relaxed		
Youth Sizes			Youth Sizes			Youth Sizes		
Code	Waist (cm)	Length (cm)	Code	Waist (cm)	Length (cm)	Code	Waist (cm)	Length (cm)
SUS-02	20.5	28.5						
SUS-04	22.5	30.0						
SUS-06	25.0	31.5						
SUS-08	27.5	33.0						
SUS-10	30.0	34.5						
SUS-12	32.5	36.0						
Adult Sizes			Adult Sizes			Adult Sizes		
Code	Waist (cm)	Length (cm)	Code	Waist (cm)	Length (cm)	Code	Waist (cm)	Length (cm)
			SFS-04	25.0	32.5			
			SFS-06	27.0	34.0	SFR-06	30.0	37.0
			SFS-08	29.0	35.5	SFR-08	32.0	38.0
			SFS-10	30.0	37.0	SFR-10	34.0	39.5
			SFS-12	32.0	38.0	SFR-12	36.0	41.0
			SFS-14	34.0	39.5	SFR-14	38.0	42.5
			SFS-16	36.0	41.0	SFR-16	39.5	44.0
			SFS-18	38.0	42.5	SFR-18	41.0	45.0
			SFS-20	39.0	44.0	SFR-20	43.0	46.5
			SFS-22	41.0	45.0	SFR-22	45.0	48.0
			SFS-24	43.0	46.5	SFR-24	47.0	49.5

Step 3 Choose your socks

Option 1 - Unisex Socks (standard)				Option 2 - Unisex Sleeves (footless)			
Youth & Adult Sizes				Youth & Adult Sizes			
Code	Mens US	UK / AU	Womens US	Code	Mens US	UK / AU	Womens US
QUS-XS	< 3	< 2		QUL-XS			
QUS-SM	3 - 6	2 - 5	4 - 7	QUL-SM			
QUS-MD	6 - 9	5 - 8	7 - 10	QUL-MD			
QUS-LG	9 - 12	8 - 11	10 - 13	QUL-LG	8 - 13	7 - 12	9 - 14
QUS-1X	12 - 16	11 - 15	13 - 17	QUL-1X			